**Rocket City Missions “To Bring list”**

**What should I bring to the Rocket City Missions Project?**

* **Your Bible**
* **A notebook and pen for taking notes**
* **Work Shoes - Expect to get them dirty. They must cover your entire foot. No sandals, flip-flops or open toed shoes allowed on the work site.**
* **Work clothes - There will be five days of work. Clothes used for work will get extremely dirty. Wear clothes and shoes you don't mind throwing away. Buying second hand clothes for this purpose is a great idea. Please remember, this is a Christian event. Don't wear anything that may be offensive or suggestive to others. No tank tops, sleeveless shirts or shorts may be worn on the work site.**
* **Evening and church dress - We encourage students to shower prior to worship time each evening. This means having a set of casual clothes to change into. This may require up to six changes of clothes. Shorts, 4 inches above the knee or longer may be worn on the church campus. You may also consider wearing a pair of shoes other than the shoes you work in.**
* **Sleeping bag, cot, air mattress, and pillow - You will be sleeping on the floor. Please bring a twin or full size air mattress if possible. Larger ones take up too much space in the rooms to be used.**
* **Hat or visor**
* **Sunglasses**
* **Safety goggles**
* **Copy of your family health insurance card**
* **Dirty clothes bag**
* **Pajamas - please wear some sort of sleep clothes and do not use your everyday clothes**
* **Personal toiletries - Towel, wash cloth, shampoo, tooth brush and paste, soap, lip balm, deodorant and so on. Remember the sunscreen**
* **Extra money - for snacks and drinks during "free time.” Groups will also have a free evening on Wednesday afternoon and evening to do what your church group plans.**

**\* Please note that there are no clothes washers or dryers available on campus.**

**What should I not bring to RocketCity Missions?**

**Please don't bring anything that you wouldn't want to be broken, borrowed or misplaced.**

**What about electronic devices?**

**Experience has shown that use of some electronic devices (cell phones, iPods, MP3 players, Game Boy's, etc.) on a mission trip become a distraction to the owner and disruptive to the experience of other participants. These devices often isolate participants and interfere with their ability to fully engage in the community. They can also present a safety hazard on worksites when people talk on their cell phones or listen to music through ear buds or headphones. In addition, many of these electronic items are costly and are easily lost, broken, or stolen. Church Group leaders are responsible to see that electronic and other items do not become a problem during the week. Many churches choose to impose stricter guidelines for their own group. Our recommendation for youth is to leave the electronic gear at home.**